

EGD INSTRUCTIONS

Date and Time of your Test: _____

Time to Arrive at NAMC Endoscopy: _____

How to contact the Endoscopy Unit:

- Open Monday – Friday
- Hours are 7am to 3pm
- Phone: (256) 629-1600

How to be pre-admitted for the test:

- Call the admitting office if they have not called the day before your test.
- Admitting office phone: (256) 768-8381 or (256) 768-8030 www.namccares.com/patients-families/registration/.
- Have your insurance cards with you and ready when you call.
- If you get the voicemail, leave your name and phone number, and they will return your call.

What you should let us know before the test:

- If you are allergic to Latex (please let us know as soon as you can!)
- If you have an artificial heart valve

What you should do if you are on medication:

- **DO NOT** take your diabetes/high blood sugar medication the day of the test (try to check your blood sugar the morning of the test).
- If you are on pain or nerve medication, you need to take your medicine the day of the test up to one hour before your test starts. Please take it with a very small amount of water. This will make the sedation process easier.
- If you are taking blood-thinning medication – you should stop this medicine 3-5 days prior to the test. You should discuss this with our office as well as the prescribing physician to make sure it can be safely stopped.

What you can eat the day before your test:

- **VERY IMPORTANT:** You cannot have anything to eat or drink after midnight the night before your test!

The morning of your test:

- Wear a short-sleeved shirt, also pants and shoes that are easy to remove.
- You **MUST** bring a driver with you – if you do not bring a driver, we cannot sedate you.
- Do **NOT** bring more than two people or one car with you due to limited waiting area and parking space.

- **Bring ALL your medications, insurance cards, and a list of allergies with you.**
- **Please park in the outpatient parking lot next to the endoscopy unit.**
- **Someone MUST stay with you for at least 12-24 hours after your procedure because of the sedation.**



ENDOSCOPY SERVICES

We appreciate you choosing North Alabama Medical Center and hope this information will help you prepare for your procedure. Included below is: (1) Who to call for your arrival time at the hospital on the date of service, (2) How to pre-register with the Business Office and with the Endoscopy Unit, (3) How to dress, and (4) What to bring with you the date of service.

PLEASE CALL NORTH ALABAMA MEDICAL CENTER ENDOSCOPY THE DAY BEFORE YOUR PROCEDURE AT: (256) 629-1600 BETWEEN THE HOURS OF 11:00AM AND 1:00PM FOR YOUR ARRIVAL TIME AT THE HOSPITAL.

Pre-Admission Registration (Business Office):

A pre-registration counselor will try to contact you several days before your date of service or you can call them at one of the following numbers: **(256) 768-8280, (256) 768-8028 or (256) 768-8095**. You can also complete a pre-registration form online at: www.namccares.com/patients-families/registration/. You will also be contact by someone to review your insurance coverage.

Endoscopy Pre-Procedure History:

A pre-admission nurse will try to contact you several days before your date of service to obtain your medical history, or you can complete a pre-procedure history form at: www.namccares.com/services-and-centers/endoscopy/

Wear comfortable, loose-fitting clothes. If you wear a short-sleeved t-shirt or camisole, you can leave these and your socks on. Please leave jewelry and other valuables at home. You will be asked to remove all metal before the procedure.

- You must have a driver if you're having a procedure that requires sedation (all procedures require sedation except Pillcam, motility and some sigmoidoscopies) – The procedure WILL NOT be performed without a driver who can remain in the lobby during the procedure. You should not be alone the day of the procedure.
- Bring a list of your medications that are taken on a daily basis (prescription and over the counter) that includes the name of the medication, dosage and when it is taken. You don't have to bring meds if you gave this info. to the phone call nurse prior to the day of the procedure.
- Bring your insurance card(s) and picture identification. These will be copied when you check in!

ATTENTION

You have been scheduled for a procedure today to be done by Dr. Haggstrom, Dr. Wilkes or Dr. Ionescu. Please be aware that there will be separate charges for the procedure, one for the physician that has performed the procedure, and one for the hospital.

If you have been scheduled for a screening colonoscopy, which means that you have no problem, you should verify with your insurance that the procedure will be covered. Some insurance policies will not cover screening colonoscopies.

If you have any questions regarding the procedure, you may contact our office at: **(256) 766-8667**.

Also – it is the patient's responsibility to make sure that Dr. Haggstrom, Dr. Wilkes and/or Dr. Ionescu are in your insurance coverage network.

If you are paying out-of-pocket for your procedure, visit MDsave.com to assist you with a pre-negotiated price.